

PALM BAY PARKS & RECREATION

TONY ROSA COMMUNITY CENTER
1502 PORT MALABAR BLVD. NE
321-952-3443

Karate



This 8 week program teaches modern GOJU Karate.

Interested students are required to meet with the instructor, Sensi Bill Wahne prior to registration.

MONDAY &
WEDNESDAYS

6:30PM - 8:30 PM

8 WEEK SESSION

\$55 PER PERSON (1st two family members)

\$45- 3RD PERSON

\$40 - 4TH PERSON



Karate Class Picture

Youth Karate Program (Ages 7-11) Mon & Wed 6:30pm-7:30pm

Students will benefit from the program through increased self, awareness, coordination, respect, balance and physical conditioning. Program also teaches basic self-defense and how to respond to everyday situations.

Adult Karate Program (Ages 12 & up) Mon & Wed 6:30pm-8:30pm

Classes focus on physical conditioning and formal karate training drills while improving personal awareness, balance, endurance, self awareness and respect for others. Traditional katas, self defense and tournament competition are taught. Students progress at their own pace.



IT STARTS IN
PARKS

